

RANKIN CANCER RUN GOAL

The people of our Niagara community have a wonderful opportunity to join together and raise funds, while we all honour, remember, and continue to be inspired by those touched by cancer.

Together we will work very hard to keep the spirit of compassion, care, friendship and hope, alive in our Region. Deepest thanks to you for your support, assistance, and interest in this event.



TEAM REGISTRATION

- 1 Teams may consist of 4 or more participants. Designate a Team Leader or Captain.
- 2 The team captain will call the Run line at 905-938-2RUN (935-938-2786). Provide the team name and the required number of shirts and sizes (Youth XL, Adult S,M,L,XL,XXL) by **Tuesday, April 29**.
- 3 Copy the Registration Form and give one to each team member or from www.rankincancerrun.com. Every team member **must** complete and sign his or her Registration Form. (Or each may use the form in the brochure.) There is a Family Section on the Registration Form.
- 4 Give your team a due date where they must submit their Registration Forms and any money to the Team Captain (eg. Friday, May 9).
- 5 Team captain will bring all forms and all money to the Walker Family Y on Thursday, May 22 for pre-registration between 1- 9 pm in the front lobby.
- 6 Each Team Captain will receive their Team Run Kits at pre-registration. Kindly return your Community Care Run Kit bag on run morning with a non-perishable food item to the Community Care "bus."
Thanks to St. Catharines Transit.
- 7 Designate a spot at the run site on the morning of the event, have a sign or tent, to help your team members locate.



**Register your team, your family
and all your friends NOW!**

**Get your team
name on your shirts
deadline Tues Apr 29**



**Call the information
line 905.938.2RUN
905.938.2786
for your assistance
with team planning.**

